Support Groups & Diabetes Education

Diabetes Support Groups and Classes - North Dakota

Burleigh County

Medcenter One Health Systems, Inc.  
Outpatient Diabetes Self-Management Education Program  
300 North 7th Street - Box 5525  
Bismarck, ND 58506-5525  
(701) 323-6374  

Mid Dakota Clinic  
The Diabetes Education Program  
401 N 9th Street  
Bismarck, ND 58501  
https://www.middakotaclinic.com/events

Cass County

Dakota Clinic / Innovis  
Dakota Center - Health Education Program  
1702 S University Drive  
Fargo, ND 58103
Kathy Heitkamp, RN, CDE, Diabetes Center Coordinator  
(701) 364-8900

MeritCare Health System  
Outpatient Diabetes Self-Management Education Program  
737 Broadway  
Fargo, ND 58103
Wanda Hanson, Diabetes Center Coordinator  
(701) 234-3738
Diabetes Support Group facilitated by lay leader Lynnae Clark, supportdiabetes@aol.com, meets the 2nd Monday of every month at 7:00 p.m. at the MeritCare Main Campus, 801 Broadway, at the Prairie Mill Cafe meeting room (west end of cafe). Please follow signs at the new North Entrance.

http://www.meritcare.com/specialties/endocrinology/diabetes/support.asp and

VA Medical Center  
2101 Elm Street N  
Fargo, ND 58102
Pat Freitag, Diabetes Educator  
(701) 239-3700 Ext. 2708
**Foster County**

**Carrington**, ND  
**Diabetes Support Group**, Contact: Lea Dell at (701) 652-2344 or LoDell@daktel.com

**Grand Forks County**

Altru Health System  
Diabetes Center Outpatient Education Program  
1200 S Columbia Rd PO Box 6003  
**Grand Forks**, ND 58206  
(701) 780-1838  
**Diabetes Support Group** meets the 2nd Thursday of the month from 6:00-7:30 p.m. Each meeting includes a guest speaker. Contact Janet Sherette at (701) 780-1838 or jsherette@altru.org.  
http://www.altru.org/diabetescenter

**Mercer County**

Coal Country Community Health Center  
Diabetes Groups  
1312 Highway 49 NW  
**Beulah**, ND 58523  
(701) 873-4821 Ext. 122  
Contact: Debbie Leidholm, Chronic Care Coordinator, debleid@westriv.com

**Richland County**

Dakota Clinic Ltd. - Wahpeton  
Dakota Clinic Diabetes Education Program/Center  
275 S 11th St  
**Wahpeton**, ND 58075  
(701) 642-2000 or (888) 247-9804  
Karen Viger, RN, CDE, kviger@dakcl.com  
**Diabetes education** offered individually and in classes. Support group may form. Please check back for updated information.

**Stark County**

St. Joseph's Hospital  
30 West 7th Street  
**Dickinson**, ND 58601  
(701) 456-4485  
Contact: Sharon Olheiser, RN, CDE  
**Diabetes Support Group** meets the 3rd Wednesday of every month at 7:00 p.m. in the hospital auditorium.

MedCenter One  
938 2nd Ave West  
**Dickinson**, ND 58601
Stutsman County

Dakota Clinic Ltd. - Jamestown
Dakota Clinic Diabetes Education Program/Center
401 Third St SE
Jamestown, ND 58401
(701) 258-5300

Med-Center One, Jamestown
300 2nd Ave NE
Jamestown, ND 58401
(701) 251-6000 / (800) 442-3010

MeritCare Health System
MeritCare Jamestown Clinic Diabetes Education Program
904 5th Ave NE
Jamestown, ND 58401
(701) 253-4000
http://www.meritcare.com/specialties/education/diabetes/support.asp

Williams County

Mercy Medical Center
1301 15th Ave West
Williston, ND 58801
(701) 774-7421
nancyyeder@catholichealth.net

Diabetes Support Group meets the 4th Monday of every month from 6:30-8:00 p.m. in the Medical Staff Library at Mercy Medical Center. No meetings in June, July, and August. Each meeting includes a guest speaker. Every 3rd meeting, the group joins the Diabetes Support Group in St. Alexius, Bismarck via their interactive teleconference. All are welcome to come.

*Source – American Diabetes Association Website – Nov 2, 2009